

Keith Conover, M.D., FACEP Daypack/Cavepack Medical Kit

Revision 0.7 ????

Notes: R = replace; colors = items grouped together

✓	#	Equipment	Exp. Date
✓	1	8 mL bottle hand sanitizer	9/02
✓	2	large safety pins	✓9/02
✓	1	paper clip	✓9/02
✓	1	string for ring removal	✓9/02
✓	1	OB-type compressed tampon (dressing)	✓9/02
✓	1	2-balloon nasal hemostat	✓9/01
✓	1	Rapid Rhino™ epistaxis tampon	
✓	6	alcohol prep pads, in foil	9/01
✓	4	regular-size band-aids	✓9/01
✓	2	large-size band-aids	✓9/02
✓	2	sterile 4x4" gauze pads (hemostasis aid)	✓9/02
✓	2	3" x 4" pieces of moleskin	✓9/02
✓	2	small pieces of clear adherent dressing (e.g., Tegaderm™, OpSite™)	✓9/02
✓	1	packet Gatorade® powder, to make 1 liter	✓9/02
✓	1	6.5 Endotracheal Tube for digital intubation	✓9/02
✓	1	surgical lubricant packet (for nasal intubation)	✓9/02
✓	1	one-way valve (for mouth-to-tube ventilation)	✓9/02
✓	1	keyring CPR shield	✓9/02
✓	1	#15 scalpel blade	✓9/02
✓	1	#11 scalpel blade	✓9/02
✓	2	pair latex exam gloves	✓9/02
✓	1	3" by 5 yards (stretched) elastic bandage (e.g., Ace®, Coban®, Vet-Wrap®)	✓9/02
✓	1	5-staple skin stapler	✓9/02

✓	#	Equipment External to Kit	Exp. Date
✓	1	SamSplint® or similar splint	✓9/02
✓	1	pair small sharp scissors (not necessary if available on pocket knife)	✓9/02
✓	1	pair fine-point splinter forceps (not necessary if available on pocket knife)	✓9/02
✓	1	3-yard roll of duct tape (not needed in kit if kept on water bottle)	✓9/02

✓	#	Injection Equipment	Exp. Date
✓	2	3 mL syringes	✓9/01
✓	2	25 ga SQ needles	✓9/02
✓	2	21 or 22 ga IM needles	✓9/02
✓	2	18 ga long IV catheters	✓9/02
✓	1	saline lock	✓9/02
✓	1	saline flush 20 mL bottle	7/00
✓	3	benzoin crush-and-apply	
✓	1	venous tourniquet (for starting IV)	✓9/02

✓	#	Injectable Medications	Exp. Date
✓	2	epinephrine 1:1000 1 mL ampule	6/00
✓	2	diphenhydramine 50 mg/1 mL, 1 mL vial	4/02
✓	4	morphine sulfate 10 mg/mL, 1 mL vial	9/01
✓	4	naloxone, 1 mg/mL, 1 mL ampule	3/01
✓	1	midazolam 5 mg/mL, 10 mL vial	1/01
✓	2	droperidol 2.5 mg/mL, 2 mL vial	5/01
✓	1	dexamethasone 10mg/mL, 10 mL vial	
✓	1	bupivacaine 0.5%, 10 mL vial	10/99

✓	#	Misc. Medications	Exp. Date
✓	1	albuterol inhaler	✓9/02
✓	1	StingEze® 3mL bottle	9/02 R
✓	1	nitroglycerine spray bottle	10/02
✓	1	tetracaine 1mL dropper bottle	3/00

✓	#	Pills	Exp. Date
✓	6	500 mg acetaminophen tablets	9/02
✓	8	220 mg naproxen tablets	5/04
✓	8	loperamide 2 mg tablets	3/02
✓	6	81 mg aspirin tablets	5/01
✓	8	famotidine tablets 10 mg (e.g., Pepcid-AC®)	2/03
	10	Ibuprofen 100 mg chewable	
	6	Compazine 10 mg tablets	

✓	#	Personal Items	Exp. Date